

HEALTH SERVICES

WE PROVIDE CONFIDENTIAL MEDICAL CARE AND WELLNESS EDUCATION/COUNSELING SERVICES TO ALL UNH STUDENTS



MEDICAL CARE SERVICES

We offer primary medical care services for a large variety of common health concerns.

- Respiratory infections (e.g., cough, asthma attacks)
- Injuries (e.g., sprains, strains, acute pain, fractures, concussions)
- Infections (e.g., conjunctivitis, ear infections, sore throats)
- Dermatology (e.g., acne, wart removal, hemorrhoids)
- Mental health concerns
- Sexually transmitted infections (STIs) testing and treatment
- Women's health (e.g., annual exams, diagnosis/treatment related to PAP smears, contraceptive services)
- Allergy injections and serum storage
- Routine and travel immunizations
- Complementary health services (i.e., biofeedback, hypnosis, light therapy, massage therapy and medical acupuncture)

LABORATORY, PHARMACY, AND RADIOLOGY (X-RAY) SERVICES ARE ALSO AVAILABLE.

EDUCATION/COUNSELING SERVICES

We offer confidential, individualized and short-term sessions for a variety of health topics.

- Alcohol, other drugs and tobacco cessation
- Eating concerns
- Emotional wellness (e.g., anger management, self-esteem, body image)
- Financial management
- Nutrition
- Relationships
- Sexual health
- Sexual orientation
- Sleep concerns
- Stress management

**FLU VACCINATION CLINIC
COMING SOON!**

unh.edu/health-services/flu

CHRONIC ILLNESS SUPPORT SERVICES

Our Community Health Nurse provides education, counseling and support for students with chronic and acute illnesses.

Assistance with academic issues arising from illness, hospitalization or health withdrawals are also available.

MEDICAL CARE WHEN WE'RE CLOSED

We have an agreement with a *Team Health Medical Call Center* to provide after-hours services.

When a student's medical needs cannot wait until we open, they can call our general number to be connected with *Team Health Medical Call Center*, who will conduct a phone assessment, and make suggestions for additional care options, including a possible visit to an urgent care center or hospital.

PAYING FOR SERVICES

All students pay a required health fee.

The fee covers basic care at Health Services including visits with our health care providers, some lab tests, many commonly used medications and most education/counseling services. Services that aren't covered by the health fee are chargeable. We participate with Harvard Pilgrim and Anthem Blues Cross/Shield. Contact your insurance provider to determine if services provided at Health Services are covered.

STUDENT HEALTH BENEFITS PLAN (SHBP)

All full-time degree students are required to have health insurance as a condition of enrollment.

Students are enrolled in the SHBP unless they complete an online waiver showing they are enrolled in another qualified health plan.

(603) 862- WELL (9355)

unh.edu/health-services



We are located across Main Street from Holloway Commons



Keyword: UNHHealth