

MYTHS AND FACTS ABOUT SEXUAL AND RELATIONSHIP ABUSE:

MYTH: Anyone who dresses a certain way, acts flirtatious, gets drunk, etc. is “asking for trouble.”

No one asks to be frightened, manipulated, overpowered, or threatened. Furthermore, forcing or coercing anybody to have sexual contact of any kind is against the law.

MYTH: If the individuals are dating, it isn't rape.

Both NH state law and UNH Student Code of Conduct prohibit forced sexual contact. This includes married spouses, cohabiting couples, people who are dating or have dated, friends and acquaintances, and people with no previous relationship. People of all sexual orientations are protected.

MYTH: Abuse isn't that bad if it's not physical.

All types of abuse, including emotional, verbal, sexual, financial and physical, are hurtful and detrimental. Abuse is about control. Call SHARPP if you are concerned about a friend or yourself.

MYTH: Rape only happens to women and girls.

Rape can happen to anyone. Reports of male rape are on the rise as awareness increases and survivors are supported in reporting this crime. The current statistics from the FBI state that 1 in 4 females and 1 in 7 males will be sexual assaulted in their lifetime.

RESOURCES FOR INFORMATION AND SUPPORT:

SHARPP Hotline.....862-SAFE (7233)

On-campus Police911 or 862-1427

Off-campus Police.....911

UNH Counseling Center.....862-2090
(Mental health issues, support groups, suicide prevention)

UNH Health Services862-1530
(Alcohol/substance use information, HIV testing, and eating concerns)

SHARPP Testimonials:

"SHARPP is an awesome place to go with any problems you are having. They really care."

"When I needed the help or information, it was there for me... I know it would be there for someone else."

SHARPP

The Sexual Harassment and Rape Prevention Program

Call (603) 862-SAFE (7233)
Or toll free (888) 271-7233

*24 hours a day,
7 days a week,
365 days a year.*

SHARPP



Where the healing begins

Sexual Harassment and Rape Prevention Program

University of New Hampshire
6 Garrison Avenue
Verrette House
Durham, NH 03824-3532

Office: (603) 862-3494

Fax: (603) 862-2996

Relay NH/Confidential TTY:
1-800-735-2964

Office Hours: Monday to Friday
8 AM to 4:30 PM

<http://www.unh.edu/sharpp>

24-Hour Hotline:

603-862-SAFE (7233)

Toll Free Hotline:(888) 271-7233

SHARPP has TTY and Language Translation Services
Available

SHARPP OFFERS DIRECT

SUPPORT to survivors of sexual assault, sexual harassment, relationship abuse, stalking and to those who care about them. Trained advocates are on call 24-hours a day to listen without judgment and to offer information, options and resources.

- Crisis Intervention - **24 hours a day**;
- One-to-one **emotional support**;
- A **supportive presence** if you seek medical care;
- Assistance with academic intervention to **relieve academic stress**;
- Assistance if you wish to make a police report, **pursue disciplinary action** through the UNH Office of Conduct and Mediation, or obtain a protection order in a local court;
- **Referrals** for follow-up medical care, counseling, and other services;
- **Help** developing a safety plan that reflects your individual needs;
- **Support, information**, and referrals for significant others, family, friends or others effected by sexual violence, relationship abuse and stalking. SHARPP provides information about healing from traumatic events including information about medical and legal options;
- **Consultation** for faculty, staff and other concerns community members on how to help others affected by abuse.

SHARPP

We're here if you need us...
Anytime Anyone Anywhere

Call (603) 862-SAFE (7233)
Or 888-271-7233 (Toll free)
24 hours a day.

Free, confidential, non-judgmental and accessible assistance for survivors and allies of the following:

- Childhood sexual abuse or incest;
- Relationship abuse;
- Sexual Assault;
- Sexual Harassment;
- Stalking.

If you are assaulted:

- Call a SHARPP advocate anytime. (603) 862-SAFE (7233);
- Remember: You are *not* responsible, regardless of the circumstances;
- Seek prompt medical attention: A SHARPP advocate can help you;
- You deserve information and support.

SHARPP OFFERS EDUCATION AND OUTREACH to increase awareness and end all forms of sexual assault, sexual harassment, intimate partner abuse, and stalking. We offer programs to the entire UNH community: students, staff and faculty. Our education and outreach efforts include:

- Peer education programs for UNH classrooms, student organizations and other UNH affiliated groups;
- In-depth professional trainings for first responders on relationship abuse, sexual violence and stalking;
- Campus wide events for Sexual Assault Awareness Month, Domestic Violence Awareness Month as well as other events throughout the year;
- Ongoing education and awareness campaigns on issues related to sexual abuse, stalking and healthy relationships;
- Information to support academic research on related topics;
- Meaningful volunteer opportunities.

SHARPP provides services to victims/survivors of sexual violence, domestic violence and stalking regardless of gender, age, health status (including HIV-positive), physical, mental, or emotional ability, sexual orientation, gender identity or expression, socio-economic status, race, national origin, immigration status, religious or political affiliation